

RSHAPPENINGS

The official newsletter of Richmond State Hospital



<https://www.in.gov/fssa/dmha/3305.htm>

July 24, 2020

Our Mission:

To provide individualized patient care as the center of all we do.

Our Values:

Recovery
Strength
Hope

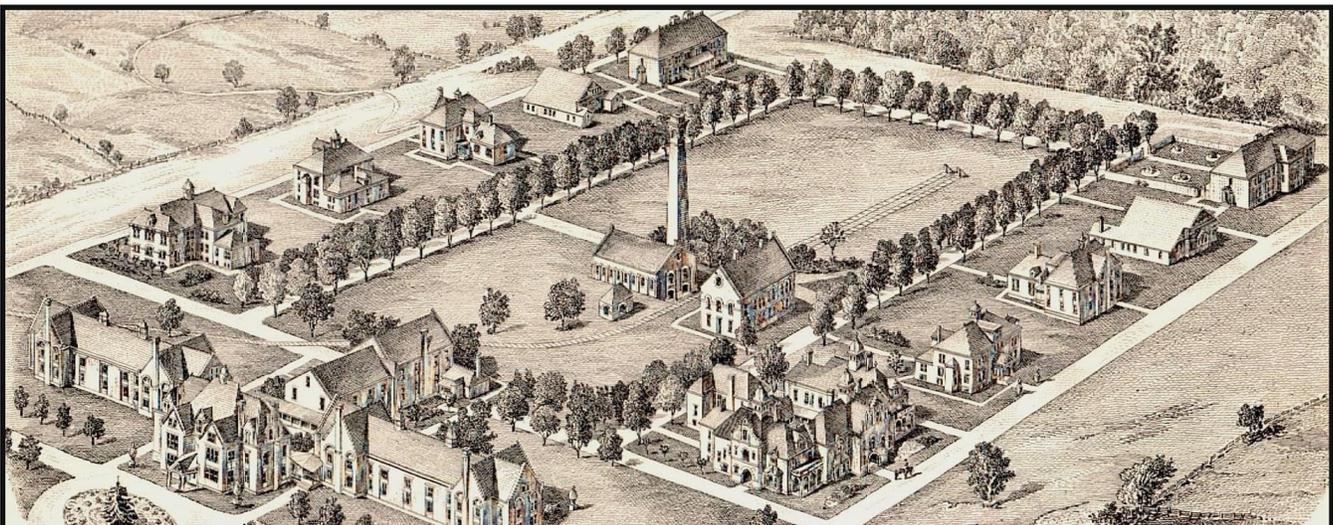
Our Vision:

To be a Center of Excellence that meets the evolving public health and patient care needs through:

Community Partnerships
Innovation
Technology
Evidence-based Practice

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Original Richmond State Hospital Plans

KRONOS GO-LIVE Date is August 23rd.

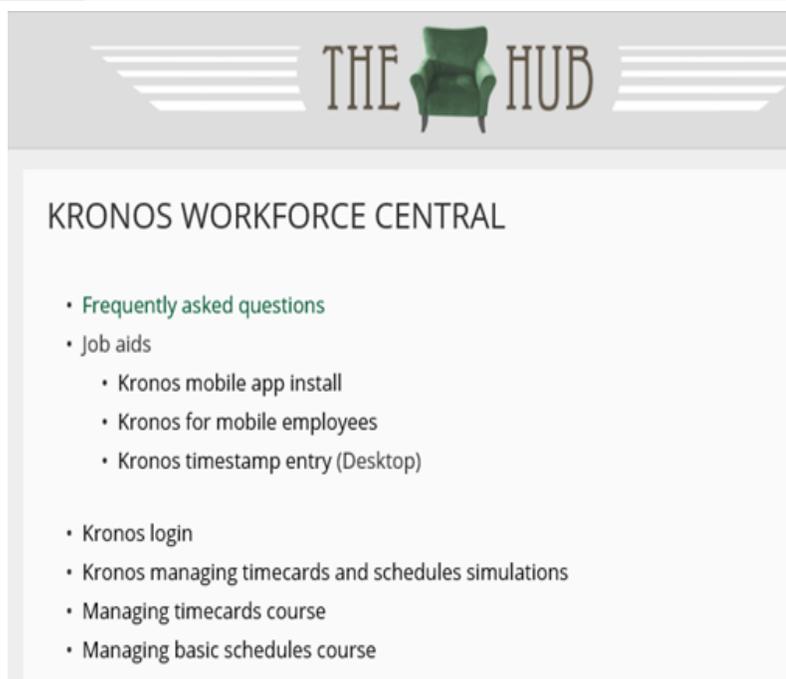
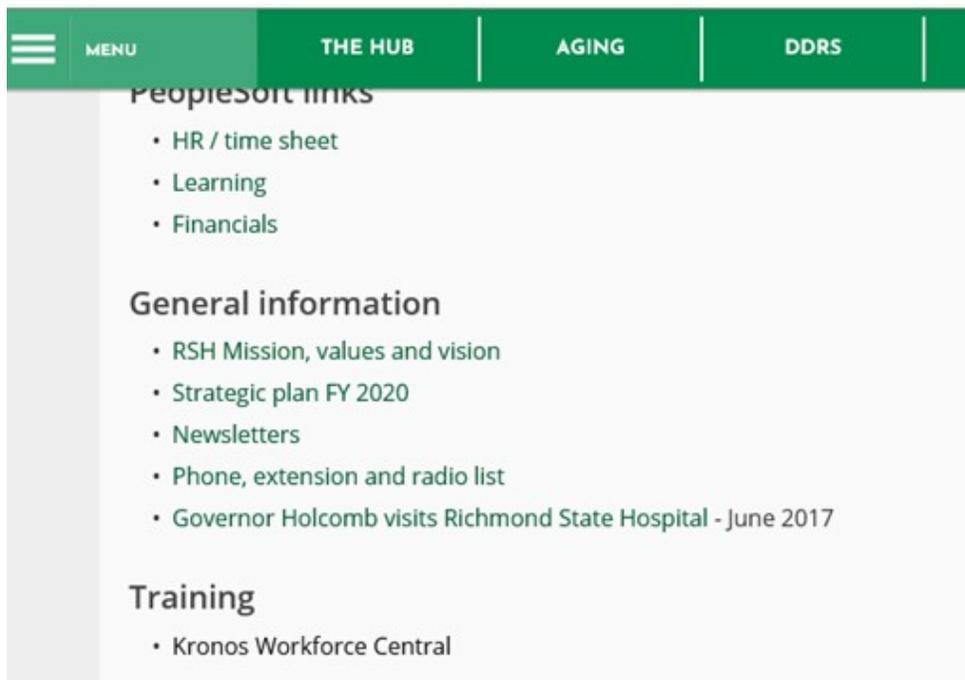
Training will take place August 2nd -22nd.

In preparation for training, please go to the HUB, Click “ Kronos Training” on the
Please familiarize yourselves with this information.

You can download the Mobile App on your cellphones. You will not be able to login until our go-live date.

The screenshots in the trainings will show you what it will look like and how to navigate through it.

A schedule for Computer Lab assistance will be sent closer to the go-live date for Basic Users and Managers/ Timekeepers.



New Employees



Natasha Alonso
BHRA



Kisy Brown
RN



Autumn Cochran
BHRA



Joshua Collins
BHRA



Amy Hockersmith
Housekeeping



Elizabeth Keen
BHRA



John Myers
BHRA



Terra Reed-Pitts
LPN



David Roark
BHRA



Carigan Schellenger
BHRA



Sierra Sells
BHRA



Lorie Spicer
BHRA

Employee Spotlight

Earl Throop is being recognized for his 41 years of longevity here at the Richmond State Hospital. He first became interested by a suggestion from a family member. He hired in as a laundry assistant and eventually took turns rotating into warehouse to help with deliveries and rotating food goods. At this time, the kitchen was in front of the warehouse and dietary was also a part of the warehouse. Earl's experience, while rotating in the warehouse, paid off as he was able to secure a warehouse position after 16 years of being assigned to the laundry department. Earl has always enjoyed working with a family type atmosphere with the laundry and warehouse team. He has also enjoyed working with the patients when they were allowed to help around campus for job experience.

Earl has always been attracted to the schedule and benefits since being at the Richmond State Hospital, which also allowed him time for his hobbies of fishing, listening to music, coin collecting, working in the yard and traveling. He remembers the big to-do in laundry is having to also make popcorn every week for all the staff and patients and delivering it. After 15 years as a stores clerk in the warehouse, Earl was able to take on the Supervisor position. Warehouse now not only works with the laundry department but the print-shop department as well.

He states that some of the struggles in his position include having a shortage of supplies for staff and patients due to the market's supply and demand and their prices. Especially now, as we are experiencing the COVID-19 pandemic, puts a lot of stress and strain on his whole team. One of the most drastic changes that Earl has had to overcome during his employment here is the installation of computers. He has witnessed other significant changes as well, such as the moving of buildings and patients, to include when there were wards 1 & 2, 3 & 4, and other buildings such as AIT, 10, 16, 17, 18, 19, 20, 21 and T. There was also a morgue and x-ray area located on campus. They still use the pen and paper system in the warehouse, which may be old but his team does a great job on accountability and accuracy. Earl's advice to employees with the goal of longevity is to have an open mind to new things, keep in mind things are always changing as change is inevitable and that no matter how hard you try, you cannot please everyone.



Years of Service Anniversaries

July 21: Michelle Taylor (23)

July 22: A. (Kay) Stephan (28), Kellee Watts (7)

July 24: Erica Bond (14), Josh Nolan (9)

July 25: Tanya Melody (26), Ryan Robinson (4)

July 28: Janet Moore (17), Terri Hart (6), Chris Knox (6), James Tillery (6)

July 30: Wace Hill (2)

July 31: Dustin Chaplin (3), Denzel



Unit Spotlight: Strength

By Jeremy Mathews

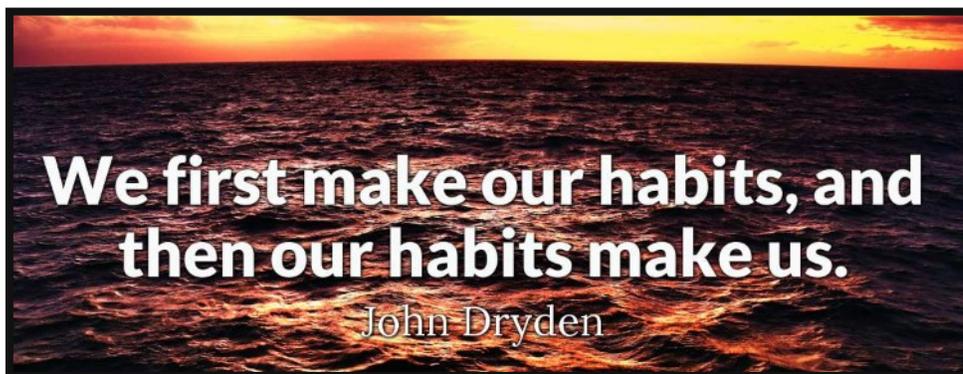
Being the Strength unit, our focus tends to be more long term. We have a diverse group of patients with very different types of needs. This includes a significant medical component specifically on the 422B side of the service line. Strength has reference to the mental qualities necessary when coping with long term illness or even the process of aging with a mental health disease. That is the service we are providing. To the patients, strength often is seeking that long-term goal. It could be placement; it could simply be coping with their symptoms or daily functioning. Believing in yourself, trusting in your team and engaging in active treatment is truly a step forward.

The staff on the 422s have huge hearts for the patients in which they care for. Everyday I hear or see acts of kindness on the units. Words of encouragement, positive affirmations, genuine compassion represents our strength as a service line. Staff help the patients by helping to provide an environment of learning and support. The more that you understand the most equipped you become in a variety of situations. Staff's biggest challenge is being under celebrated, emotionally demanding, continually changing work to meet all the patients needs on the 422's. This goes across all the disciplines. Not minimizing the physical endurance nursing goes through daily in meeting the many ADL needs we have on 422B side. We work with some very skilled professionals that really seek optimal treatment with very chronic patients. Recovery is possible, and we are here to help.

When patients discharge from the 422's, they are ready for the next stage of life. It might be back to the community; it might be on to a more skilled nursing facility or long-term care. Regardless of the placement, we have provided excellent treatment for the patients here on the 422s. It is always a standing goal for every patient in which we provide treatment to earn their discharge, or graduate with honors. If there are more medically compromised patients, the team will rally together and ensure every effort is sought in securing an appropriate facility. Since I have been here, we had many successfully placed long term patients, and handle several very challenging discharges. Generally, there is a low percentage of folks that return immediately. I think this is because of the team process, and active treatment we provide here at RSH. We want to take the time to encourage their success.

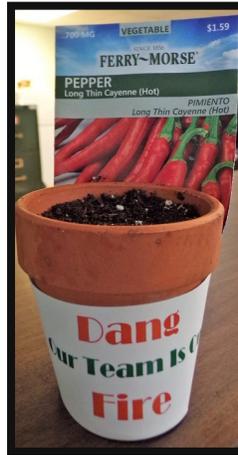
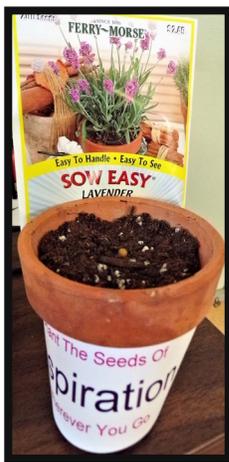
I have had several leadership titles throughout my 18 years of service working in Mental Health. I always like to tell a story of success. Seeing a patient return to the community and gain back their independence is a huge win. I celebrate that not only for myself but for multi-talented teams. I am encouraged by the complexed work in which we do here at RSH. The forensic process still is fascinating to me. Every day is new, and not one case is the same. I also work with some very talented people, especially on my treatment teams. They are inspiring and challenging to me for my professional growth. My advice to others is to cut through the stigma and rumors. We have an excellent mission and service here at RSH. Mountains of growth are occurring every day and we are advancing to meet the evolving public health need.

Quote of the Day



Rehab Therapy

The RT department just had their Rehab Therapy week. They started out with appreciation planters for their staff and ended with patient bingo on the units. We greatly appreciate everything that the RT department does!



Community Connections

Earlier this year it had been decided that the original Wayne County 4-H Fair was going to be re-scheduled from the month of June to the week of July 7-18. This fair would look different due to COVID-19. There is no carnival, no entertainment and no vendors. Several other changes had been made to include no persons or animals are allowed to stay on grounds overnight, no persons allowed during Kuhlman Center project judging, no auction and mask requirements. We have 865

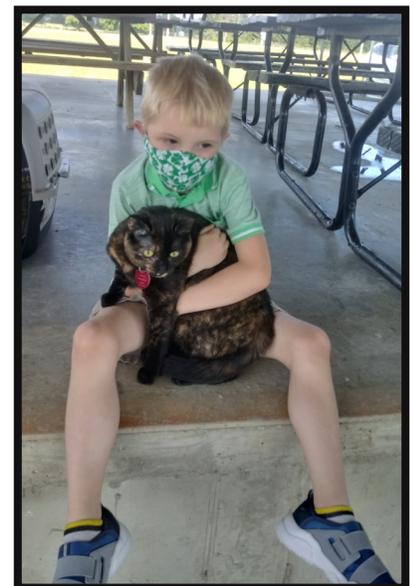
youth in Wayne County 4-H and below is just



Horse and Pony



Dairy



Cats & Pets

Pet of the Week

Rooster Cogburn is a one year old Fox Red Labrador Retriever. He is about 100lbs and loves to give hugs and play. He is a puppy and will always be a puppy at heart. He loves to be outside and often likes chasing and playing with the grandchildren. If you need a volleyball, tennis ball, soccer ball or anything of the sort that needs destroyed...this is your guy! He is full of energy and loves the summer time. Be careful when he is inside though, he likes to dust everything with his powerful tail. Overall this K-9 is a friendly and loving family dog full of energy.



Campus Wonders

By Aubrey Blue

Photo provided by Jennifer Sellers

Platycodon grandiflorus 'Astra Pink' Balloon Flower:



Platycodon grandiflorus, commonly called balloon flower, is a clump-forming perennial that is so named because its flower buds puff up like balloons before bursting open into outward-to-upward-facing, bell-shaped flowers with five pointed lobes. Plants are native to slopes and meadows in China, Japan, Korea and Siberia. Purple-blue flowers (to 2-3" across) bloom throughout summer, singly or in small clusters, atop stems typically growing to 30" tall. Ovate to lance-shaped, toothed, blue-green leaves (to 2" long).

Genus name comes from the Greek words platys meaning broad and kodon meaning a bell for the shape of the corolla.

Specific epithet means large-flowered.

'Astra Pink' is a dwarf/compact form that produces bright pink flowers (to 3" across) singly or in small clusters atop stems typically growing to only 6-12" tall with a spread to 8" wide. Blooms throughout the summer.

Can be used in rock gardens, border fronts, containers, and edging.

Taken From: <https://www.missouribotanicalgarden.org/PlantFinder/PlantFinderDetails.aspx?taxonid=262354&isprofile=0&>



Astra Purple Balloon Flower

Weekly Safety Tips

Situational awareness: Be aware when you are driving, of where patients are around you, what their triggers are and what to do during a Code.

CURA

Several patients have been asked about how they feel about their food now, and here is what they responded:

--"I like it"

--"The food is really good"

--"They are great compared to Aramark."

--"Their food is better quality compared to Aramark."

Friendly reminder: staff meals are \$1 during the week and free on weekends. Enjoy!

This Past Week's Birthdays

July 18: Debbie Lanman

July 22: Earl Throop

July 23: Andrea Geis



Upcoming Birthdays

July 25: Amy Hartman

July 27: Andrea Garcia, Chuck Minor

July 28: Donna Ashcraft

July 31: Susan Morton

RSHappenings will become a weekly newsletter beginning July 2020.
If you have ideas or suggestions, please contact Kathy Stone (Kathy.Stone@fssa.in.gov).